



SERVING

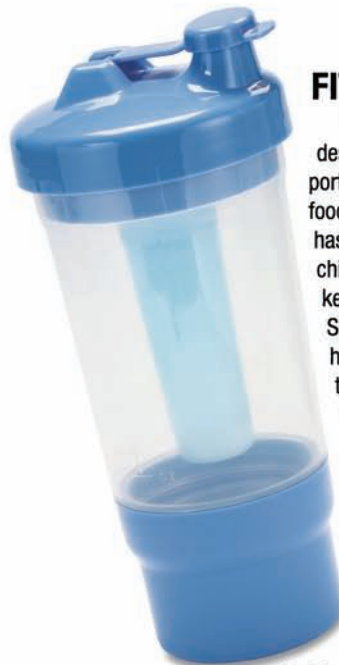
L.A., San Fernando Valley, Conejo Valley,
Simi Valley, Moorpark, Antelope Valley,
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FIT & FRESH STORAGE

Fit & Fresh storage containers, designed and produced by MED-port, help beat the heat and keep food safe. Each plastic container has a detachable and reusable chill pack integrated into it to keep foods cold up to six hours. Simply freeze the chill pack two hours or longer, and pack it in the container when you're ready to go. Containers are dishwasher-safe and come in a variety of sizes and styles to hold soups and salads, fruits and veggies, lunches, drinks and such. Prices range from \$4.99 to \$14.99, with most in the \$9.99 range. Look for them at Bed, Bath & Beyond, Sav-on, Ralphs and Linens 'N Things.



— N.H.

fit & freshTM
Tools for
a healthy life